

Medical Kit Contents

Item
Abdominal/Combine Trauma Pad 5x9 x 20
Abdominal/Combine Trauma Pad 8x10 x20
Ace wraps x10
Activated Charcoal x2
Adhesive bandages, various sizes (non-latex if possible) x 20 boxes
Alcohol wipes x40
Ammonia Inhalants x 30
Antiseptic solutions in large quantities (Betadine solution, Hibiclens, Iodine etc.)
Benadryl (Diphenhydramine) x2
Blood pressure cuff, various sizes (sphygmomanometer)
Bulb syringes x2
Burn blankets (36/ box) x3
Butterfly Closures x 20 boxes
Calamine lotion x2
Caledula cream (anti-fungal cream) or (Tereonazole) x2
Chest decompression needles x3
Chest Seals, vented, 2 per pack (entry and exit wound coverage)
ChitoSam, Celox or Quikclot homeostatic clotting agents or Yarrow tincture (stops moderate to severe bleeding in wounds)
Claritin (Loratadine)
Cold pack x 29
Compress Bandage 3" x 150
CPR shields w/ one way valve x2
Elastic Wrap Bandage 2" x 5

Enema supplies
Eye pads x 40
Forceps 3-4"
Gloves x box of 100(sterile and examine) x250
Hair combs and brushes (hygiene)
Half Circle sewing needles
Headlamps, or pen light with extra batteries (for night or poor lighting conditions) x2
Heartburn medications x2
Hemorrhoid cream or ointment (Preparation H) Or use Calendula cream x2
Hemostat clamp 5 inch, Straight or Curved x3
Hot pack x30
Hydro-cortisone cream 1 percent x2
Hydrogen peroxide 3 percent and 6-7 percent x 6
Iodine 100 ml x 10 bottles
Iris Scissors
Irrigation syringes (60-100 ml is good)
Lice comb x2
Liquid Bandage x2
Measuring spoons and cups x2
Medical tapes, various types (Elastoplast, Silk, and Paper) and sizes (1 inch, 2 inch etc.) x 8 of each
Mole skin x30
Mufty-Tools (seat belt cutter & window breaker) x3
Muscle rub (like Icy Hot, Blue Emu, or Arnica salve or Margaret super salve) x3
Mylar, solar, or survival blanket x8
Nail clippers, Files, foot files and heel creams
Nasal airways- Np As x3

Nebulizer, saline, tubing, masks or mouth piece (plus Rx Albuterol single dose liquid) x3
Neck collars, various sizes x3
Non-Adherent Pad 2x3" x 150
Non-Stick sterile dressings (Telfa type), various sizes x30
Paper Towels x 2 rolls
Para cord 550 x2
Paramedic Scissors x2
Penlight or flash light with extra batteries
PetrolatumXerofonn dressings in various sizes x3
Pressure Bandages (Israeli type) 4" x15
Pressure Bandages (Israeli type) 6" x 15
Radiation pills, Thyrosafe or equivalent, one box per person
Rid shampoo/Nix Lotion x3
Ring cutter x3
Roller gauze sterile dressings (Kerlix), various sizes x 15
Rubbing alcohol 100 ml x10
Saline solution (several liter bottles) x2
Sam splint finger size x3
SAM splints and Slings x3
Scalpel and disposable blades (box 100) x3
Self Adherent Wrap 2" x 60
Silver gel x2
Skin prep wipes with benzoin tincture (to help keep Steri strips in place) x3
Skin Tac liquid adhesive barrier (prepares skin for application of tapes, dressings and protects the skin with a hypo-allergenic sticky film) or equivalent
Splinter Probes x 30

Steri-Strips x 40 boxes
Stethoscopes
Stitches Chromic 0, 2-0, 4-0 (absorbable)
Stitches Silk Nylon and Prolene 0,2-0,3-0, 4-0(non-absorbable)
Stitches Vicryl; 0,2-0,4-0 (absorbable)
Stool softeners (high dose of vitamin C)
Super Glue or medical glue x3
Suture removal tray

Tourniquets (CAT, SOF-T, SAM XT and SWAT are examples) x 15
Tweezers (in various sizes and tips for larger group supplies) x2
Tylenol x2
Urinary pain reliever (Uristat or AZO tablets)
Wart removal cream/ointment/solution/freeze C x2
Water purification tablets or life straws x each person
Wild Lettuce Tincture x2
Wool/Fleece Blankets x 30